

**Tom Neilson, Psy.D.
Clinical Psychology
1410 17th Avenue South
Nashville, TN. 37212**

Informed Consent Checklist for Tele-Psychological Services

- There are potential benefits and risks of video-conferencing (e.g. limits to patient confidentiality) that differ from in-person sessions. To minimize risks to your confidentiality, I use a telehealth platform called Doxy.me that is fully HIPAA compliant, encrypts all of our data before passing it over the Internet, and that does not store any information from our confidential psychotherapy session.
- Confidentiality still applies for telepsychology services, and your session will not be recorded without your permission.
- By signing this agreement, you consent to using the Doxy.me video-conferencing platform selected for our virtual sessions, and Dr. Neilson will explain how to use it.
- You need to use either a smartphone, a tablet, a computer with a built-in webcam, or a computer with a separate webcam during the session.
- It is important to be in a quiet, private space that is free of distractions (including additional cell phones or other devices) during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- It is important to be on time. If you need to cancel or change your tele-appointment, you must notify the psychologist in advance by phone or text message.
- We need a back-up plan (e.g., phone number where you can be reached) to restart the session or to reschedule it, in the event of technical problems.
- We need a safety plan that includes at least one emergency contact and the closest emergency room to your location, in the event of a crisis situation.

- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate in telepsychology sessions.
- You should confirm with your insurance company that the video sessions will be reimbursed; if they are not reimbursed, you are responsible for full payment.
- As your psychologist, I may determine that due to certain circumstances, telepsychology is no longer appropriate and that we should resume our sessions in-person.

Client signature

Tom Neilson, Psy.D.

Date