



### OVERVIEW

There are 2-3 spots available for this ongoing case consultation group for licensed (or temporary licensed) therapists of all types. The group is intended to provide peer consultation as well as an ecumenical case consultation for depth, meaning, assessment & utilization of spiritual resources. We will deal with issues of diagnosis and treatment planning but will go beyond this to look at the deeper meanings, existential and spiritual themes as well as spiritual resources.

This case consultation group will involve shared case material by members in a confidential setting, reflection on the case material through both multi-disciplined clinical and a broad theological lens, and time for personal interaction to enhance therapist growth and development.

### OBJECTIVES

In addition to providing peer support, reflection and consultation on differential diagnoses, difficult cases, and treatment planning, this group should help with:

1. A broadening of appreciation for diverse points of view by reviewing a variety of cases with a diverse group of participants and engaging in dialogue and reflection with a range of ethnic, socio-economic, and religious perspectives.
2. Gaining an awareness of how to listen for the spiritual story of their clients and learn how to integrate that story with other aspects of therapy.
3. growth in an understanding of the therapist's own spiritual and religious traditions and learn when and how to appropriately draw on these for the benefit of their clients.

### DETAILS

#### Date & Time

Beginning Friday, January 3, 2020 this group will meet from 2:00 – 3:30PM on the 1<sup>st</sup> & 3<sup>rd</sup> Friday of each month.

#### Location

The group will meet at the Counseling Center at Belle Meade United Methodist Church at 121 Davidson Road, Nashville, TN 37205.

#### Cost

There is no cost for this group.

#### Participation

While there is no cost to participate in the group and there are no minimum sessions to attend, the goal of the group is to create supportive environment for peer learning and growth. Regular participation will help facilitate this. After the initial group is set, new group members may be added periodically.

#### Requirements

Meetings will primarily involve sharing of case material by group members. Participants will be encouraged to reflect and share personally on their own traditions, learning, and challenges. Due to the nature of case material shared and personal

sharing, participants must be able to be respectful of other group members and case material.

#### Confidentiality

Confidentiality of case material presented, and personal sharing of group members is of utmost importance. Group members will be given a general format for preparing case material presented to the group. In all case presentations, Participants should seek to protect potentially identifying information. In the rare case that a client being presented is recognized by another participant, that participant may be excused from the conversation.

#### Group Host/Facilitator

Chris O'Rear, M.Div., M.M.F.T. is a Licensed Clinical Pastoral Therapist in Tennessee with 22 years of clinical experience. He is an approved clinical supervisor.

#### How to Register

For more information or to register online, visit <https://www.counselingatbmumc.com/case-consultation-group/case-consultation-registration/> or contact Chris O'Rear at [Chris@counselingatBMUMC.com](mailto:Chris@counselingatBMUMC.com) or (615) 763-3236, Ext. 701